

	Stage 1		Stage 2		Stage 3		Stage 4		Stage 5		Stage 6	
1 Corstorphine AAC (A)	9	16:23	2	46:48	2	1:03:23	1	1:33:16	1	1:49:00	1	2:18:48
	Stuart Livingstone	16:23	Dougie Selman	30:25	James Harrison	16:35	Dermot Cummins	29:53	Ewan Brown	15:44	Calum McKenzie	29:48
2 Central Athletic Club (A)	7	16:13	1	45:45	1	1:02:10	2	1:33:36	2	1:49:58	2	2:19:55
	Murray MacLarty	16:13	Cameron Milne	29:31	Matthew Sutherland	16:25	Michael Wright	31:26	Dale Colley	16:22	Alastair Hay	29:57
3 Edinburgh Athletic Club (A)	1	15:34	5	47:28	3	1:03:39	4	1:35:12	5	1:52:04	3	2:22:26
	Gavin Bryson (MU20)	15:34	Alex Carcas (MU20)	31:54	Peter Cameron	16:11	Neil Renault	31:34	Daniel Bryant	16:51	Michael Christoforou	30:23
4 Cambuslang Harriers (C)	3	15:57	7	47:40	5	1:03:51	5	1:35:28	4	1:51:48	4	2:22:47
	Fraser Stewart	15:57	Gavin Smith (MU20)	31:43	Benjamin Hukins	16:11	Craig Jardine	31:37	Colin Reilly	16:20	Stuart Gibson	30:58
5 Shettleston Harriers (A)	8	16:22	6	47:35	4	1:03:39	3	1:34:58	3	1:51:26	5	2:23:07
	Matthew Turner	16:22	Michael Deason	31:13	David Houston	16:04	Alastair Thurlbeck	31:18	Paul Sorrie	16:28	Darren Thom	31:42
6 Aberdeen AAC (A)	10	16:24	3	47:08	6	1:04:10	7	1:36:24	7	1:53:19	6	2:25:02
	Rory Muir	16:24	Will Mackay	30:45	Andrew Ferguson	17:02	Owain Bristow	32:13	Fearghas Thomson	16:56	James Hoad	31:43
7 Inverness Harriers (A)	4	16:07	4	47:14	7	1:04:11	6	1:36:16	6	1:52:46	7	2:27:04
	Stephen Mackay	16:07	John Newsom	31:07	Christopher Fife	16:57	Gordon Lennox	32:05	Craig Campbell	16:30	Joe Arnaud	34:19
8 Bellahouston Harriers (A)	15	17:00	10	48:28	9	1:06:50	8	1:38:44	8	1:55:59	8	2:30:20
	Jack Heathwood (MU20)	17:00	Jack Arnold	31:29	Fraser Armstrong	18:21	Gregor Yates	31:54	Stuart Miller	17:15	Colin Thomas	34:21
9 Corstorphine AAC (B)	25	17:18	15	50:22	11	1:07:48	11	1:40:56	9	1:58:03	9	2:30:54
	Scott Pilkington	17:18	Mark Haskett	33:04	Douglas McKinnon	17:26	Alastair Brockie	33:08	Aaron Hoyle	17:06	Chris Poxton	32:52
10 Kilbarchan AAC (A)	35	18:24	16	50:55	16	1:09:04	10	1:40:53	12	2:00:09	10	2:32:42
	Stuart Kerr	18:24	Callum Matthews	32:31	Suleiman Niven (MU20)	18:09	Scott MacAulay	31:49	Conor Thomson	19:15	Graham Evans	32:34
11 Cambuslang Harriers (B)	36	18:25	17	50:59	14	1:08:49	12	1:41:21	11	1:59:59	11	2:33:45
	Iain Nicholl (M40)	18:25	Stephen Wylie (M45)	32:34	Michael Barker (M40)	17:50	Kerry-Liam Wilson	32:32	Iain Reid	18:38	Justin Carter	33:46
12 PH Racing Club (A)	37	18:25	27	51:50	21	1:09:22	16	1:42:46	13	2:00:35	12	2:34:17
	Michael Combe	18:25	Jonathan Peebles	33:25	Daniel Monaghan	17:32	Colin Somerville	33:24	Robert Sellar	17:49	Darren Jubb	33:42
13 Cambuslang Harriers (D)	13	16:53	13	50:03	12	1:08:28	13	1:42:02	18	2:02:03	13	2:35:19
	Struan Paton (MU20)	16:53	Gordon Robertson	33:10	Eamon Carr (MU20)	18:25	Jack MacGregor	33:34	Scott Hunter	20:01	Richard Carr	33:17
14 Falkirk Victoria Harriers (A)	19	17:08	23	51:27	27	1:10:14	14	1:42:08	17	2:02:02	14	2:35:35
	Alexander Davidson	17:08	Barry Paterson (M40)	34:19	Gary Smith	18:47	Peter Moffett	31:54	Euan McCallum	19:55	John Brogan	33:32
15 Shettleston Harriers (C)	32	18:19	28	52:15	29	1:10:40	25	1:45:21	23	2:03:08	15	2:35:48
	Stephen Winter (M40)	18:19	Kenny Richmond (M45)	33:56	Walter Henderson (M50)	18:25	John Connaghan	34:40	Peter Mackie	17:47	Jethro Lennox	32:41
16 Cumbernauld Amateur Athletic Club (A)	30	17:53	19	51:13	22	1:09:23	18	1:43:38	15	2:01:23	16	2:36:04
	Howard Elliott (M50)	17:53	Stephen Allan (M40)	33:20	David Hogg (M45)	18:10	Robert Bartley	34:15	Ross McEachern	17:46	Louis O'Hare	34:41
17 Garscube Harriers (A)	21	17:13	21	51:15	15	1:08:59	15	1:42:38	14	2:00:59	17	2:36:35
	Thomas Berry (MU20)	17:13	David Lindsay (M40)	34:02	Craig Shields	17:44	Alasdair MacMillan	33:39	Timothy Martin	18:21	John Coyle	35:36
18 Edinburgh Athletic Club (D)	40	18:29	31	52:59	28	1:10:39	30	1:47:00	24	2:04:12	18	2:36:53
	Richard Meade (M40)	18:29	Michael Fullerton (M45)	34:30	Richard Cockbain (M40)	17:40	Dermot Bailie	36:21	Robert Turner	17:11	Leon Johnson	32:41
19 Motherwell AC (A)	18	17:07	20	51:14	19	1:09:15	17	1:43:04	16	2:02:01	19	2:37:07
	Allan Cameron (M45)	17:07	Christopher MacDonald	34:07	Craig Mackenzie	18:01	Paul Burns	33:49	Alan Tait	18:57	David Gardiner	35:06
20 Gala Harriers (A)	5	16:10	9	48:16	8	1:06:27	9	1:40:23	10	1:58:05	20	2:37:36
	Darrell Hastie	16:10	Marcus D'Agrosa	32:06	Andrew Lawrie	18:11	Dave Richardson	33:55	Faisal Khursheed	17:43	Bob Johnson	39:31

	Stage 1		Stage 2		Stage 3		Stage 4		Stage 5		Stage 6	
21 Giffnock North AC (A)	2	15:44	29	52:22	25	1:09:58	26	1:45:24	20	2:02:31	21	2:38:00
	Grant Muir	15:44	Niall Fraser	36:38	Greg Turner	17:36	Andrew Clark	35:26	Harry Nimmo	17:07	Andrew Bonner	35:29
22 Lothian Running Club (B)	34	18:22	24	51:32	24	1:09:50	22	1:44:56	22	2:02:56	22	2:38:01
	Barry McComish (M40)	18:22	Malcolm Lang (M40)	33:10	Euan McInnes (M40)	18:18	Alan Knowles	35:06	Craig Pirie	18:00	Colin Partridge	35:05
23 Corstorphine AAC (C)	26	17:20	25	51:37	23	1:09:38	23	1:45:15	21	2:02:42	23	2:38:15
	Jonathan Carpenter	17:20	David Hall	34:17	Donald Gavine	18:01	Thomas Wilson	35:37	Donald Macaulay	17:26	Alistair Simpson	35:33
24 Corstorphine AAC (F)	52	19:25	30	52:39	30	1:10:42	24	1:45:19	29	2:05:56	24	2:38:51
	Alan Cameron (M45)	19:25	Ross Milne (M40)	33:13	Keith Ovenstone (M40)	18:04	Stuart Campbell	34:37	David Pattison	20:37	Moray Anderson	32:55
25 Edinburgh Athletic Club (B)	23	17:16	18	51:12	13	1:08:33	20	1:43:56	19	2:02:23	25	2:39:49
	Iain Whitaker	17:16	Iain Macdonald	33:56	David Woods	17:21	Nicholas Wolverson	35:23	Mark MacDermot	18:27	Iain Craven	37:26
26 Gala Harriers (B)	29	17:48	26	51:48	31	1:10:53	28	1:46:37	25	2:05:28	26	2:40:17
	Wayne McIntosh (M40)	17:48	Graeme Murdoch (M40)	34:00	Rory Campbell (M45)	19:05	Tim Darlow	35:44	Jamie McGowan	18:52	Gary Trewartha	34:48
27 Metro Aberdeen Running Club (A)	27	17:31	14	50:16	20	1:09:17	29	1:46:59	28	2:05:51	27	2:40:49
	Stuart Milne	17:31	Cameron Strachan	32:46	Andrew Thompson (M40)	19:01	Dino Roussias	37:42	Mark Young	18:52	Rankin Lascelles	34:58
28 Aberdeen AAC (B)	20	17:12	22	51:19	17	1:09:05	34	1:49:49	30	2:06:42	28	2:41:33
	Philip Neilson (MU20)	17:12	Steven Murray	34:08	Aaron Odentz (MU20)	17:46	Euan Webster	40:44	Eoghan MacNamara	16:53	Joe Barton	34:52
29 East Kilbride Athletic Club (A)	16	17:01	11	49:46	18	1:09:12	27	1:46:25	32	2:09:05	29	2:43:14
	Euan Rose	17:01	Martin Lynas (MU20)	32:45	Jack Kirwan	19:26	Niall Walker	37:13	Gordon Colvin	22:39	Jamie Clements	34:09
30 Irvine Running Club (A)	33	18:22	34	54:00	34	1:13:22	32	1:49:07	31	2:07:18	30	2:44:41
	Alex Allardyce (M45)	18:22	Jamie Findlay (M40)	35:39	Alan Douglas	19:22	Ryan Evans	35:45	Colin Whitby	18:11	Paul Lafferty	37:22
31 Kirkintilloch Olympians (C)	46	19:08	41	55:09	45	1:16:08	37	1:50:39	33	2:09:43	31	2:45:47
	Edward McLoone	19:08	Euan Craig	36:01	Teginder Padda (M40)	20:59	David Murray	34:30	Owen Murphy	19:05	Kenny Robertson	36:04
32 Victoria Park City Of Glasgow (A)	6	16:12	8	47:55	10	1:07:14	21	1:44:53	27	2:05:47	32	2:45:59
	Max Milarvie (MU20)	16:12	Kieron Rafferty	31:44	Peter Jardine (M50)	19:19	Gerard Craig	37:39	Tom Ord	20:55	Duncan Thomson	40:12
33 Cumbernauld Amateur Athletic Club (B)	50	19:22	32	53:12	33	1:12:32	36	1:49:57	34	2:09:47	33	2:46:21
	Robert Keenan	19:22	Martyn Glancy	33:50	Paul O'Hare (M40)	19:20	Derek Martin	37:25	Scott Bradley	19:50	Greig Glendinning	36:34
34 PH Racing Club (B)	43	18:55	42	55:24	43	1:15:13	39	1:51:22	37	2:11:56	34	2:48:50
	Philip Waring	18:55	Darren Candlish	36:29	Scott Love	19:49	Wright Beveridge	36:09	Mark Mackenzie	20:34	John Cassells	36:53
35 Edinburgh Athletic Club (C)	38	18:26	38	54:29	42	1:15:10	41	1:52:17	36	2:11:51	35	2:49:30
	Kevin Hamilton	18:26	Steven Watters	36:04	Colin McGill (M40)	20:41	John Mowbray	37:07	Christopher Hartles	19:34	Scott Henderson	37:39
36 Teviotdale Harriers (A)	60	20:12	39	54:59	44	1:15:28	46	1:55:30	42	2:17:13	36	2:50:49
	Derek Scott	20:12	Bruce Hughes	34:47	Christopher Watson	20:29	Alan Inglis	40:02	Andrew Gibson	21:43	Rory Anderson	33:36
37 Corstorphine AAC (D)	49	19:15	48	56:29	40	1:15:07	47	1:55:56	40	2:14:47	37	2:53:06
	Peter Black	19:15	Ben Draye	37:14	Chris Downie	18:38	Gordon Whall	40:49	Ewan Stark	18:51	Chris Peggie	38:19
38 Bellahouston Harriers (B)	64	20:32	56	58:27	52	1:18:24	45	1:54:14	41	2:16:35	38	2:53:28
	Darren Murray (M45)	20:32	Michael Gowans	37:54	Calum Ferguson (MU20)	19:57	Paul Clawson	35:50	Darren Shields	22:21	Darren McQuade	36:52
39 Kirkintilloch Olympians (B)	53	19:38	61	59:43	54	1:18:40	53	1:58:25	45	2:18:23	39	2:53:38
	Mark Welsford (M40)	19:38	John Wells (M45)	40:06	Norman McNeill (M40)	18:57	Gary Shaw (M40)	39:45	Robert Conroy (M40)	19:58	Graham McCabe (M45)	35:15
40 Central Athletic Club (B)	17	17:06	46	55:48	36	1:14:18	40	1:52:13	38	2:13:05	40	2:53:49
	Fraser Logan	17:06	Iain Elliott	38:42	David Lindsay	18:30	Donald Shaw (M45)	37:55	Iain Dunsmore (M45)	20:52	Colin Alexander (M40)	40:44

	Stage 1		Stage 2		Stage 3		Stage 4		Stage 5		Stage 6	
41 Strathclyde University Harriers (A)	48	19:11	43	55:36	57	1:19:04	49	1:57:14	43	2:17:18	41	2:54:30
	Lewis Gray (MU20)	19:11	Kieran Pugh	36:25	Daniel Smith (MU20)	23:28	Jamie McLaren (MU20)	38:11	Matthew Adamson (MU20)	20:04	Jack McKenna	37:12
42 Giffnock North AC (B)	61	20:15	58	58:34	58	1:19:26	55	1:59:03	47	2:19:18	42	2:55:07
	Kieren Mooney (MU20)	20:15	Jordan Orr (MU20)	38:19	Calum Marney (MU20)	20:53	Derren Thomson (M45)	39:37	Michael Hampson (M50)	20:15	Luke Chamberlain (M45)	35:49
43 Lothian Running Club (A)	55	19:51	37	54:21	47	1:16:39	48	1:57:05	39	2:13:40	43	2:58:59
	Will Moffat (M45)	19:51	Owen Williams	34:30	Peter West (M60)	22:17	Ryan Ferguson	40:27	Robert Kennedy	16:34	Martin Leadbetter (M60)	45:20
44 Falkirk Victoria Harriers (B)	66	20:48	57	58:30	51	1:18:18	50	1:57:40	44	2:17:24	44	3:01:33
	Callum Douglas	20:48	Grant Matheson (M55)	37:41	Wallace Grieve (M50)	19:48	Neil Robertson (M50)	39:23	John Gladwin (M55)	19:44	Gordon Dewar (M50)	44:09
45 Metro Aberdeen Running Club (B)	45	19:07	55	57:46	53	1:18:36	59	2:03:13	50	2:22:51	45	3:02:50
	Mark Ramsey	19:07	Robert Taylor (M60)	38:38	Phil Mann (M55)	20:50	Tom Main	44:37	Philip Brown	19:38	Graham Moar (M40)	39:59
46 Carnegie Harriers (A)	14	16:57	45	55:45	59	1:19:46	52	1:58:09	48	2:19:20	46	3:02:58
	Paul Kieran (M40)	16:57	John Hynd (M55)	38:48	Neil Anderson	24:02	Alan McGowan (M40)	38:22	Graeme Wilson (M55)	21:11	John O'Connor (M60)	43:38
47 Motherwell AC (B)	74	22:16	68	00:58	61	1:19:59	56	1:59:13	49	2:21:21	47	3:04:07
	Kevin Durnian	22:16	Neil Richardson (M40)	38:42	Nicholas Hughes	19:01	Brian McLinden (M60)	39:14	David Hoolaghan	22:08	Paul Harkins (M50)	42:46
48 Anster Haddies Running Club (A)	62	20:21	62	59:55	66	1:22:22	60	2:03:14	51	2:22:57	48	3:04:31
	Alec Anderson	20:21	David Brisland (M45)	39:34	George Findlay (M60)	22:27	Giles Harris (M45)	40:51	David Burgess (M45)	19:43	Eric Anderson (M40)	41:35
49 PH Racing Club (C)	63	20:23	66	00:32	63	1:22:03	61	2:03:27	52	2:26:55	49	3:09:50
	John Crookston (M60)	20:23	Niall Balloch	40:08	IanRobert Johnston (M60)	21:31	Jason Buttery (M45)	41:24	Malcolm Smith (M50)	23:28	Peter Simpson (M55)	42:55
50 Garscube Harriers (B)	12	16:42	47	56:00	49	1:17:44	62	2:03:52	54	2:33:07	50	3:15:53
	Cody Stevenson (MU20)	16:42	Kevin Gilfillan	39:18	Craig Brown (M45)	21:44	Paul Collins (M50)	46:08	Stephen Cullen (M60)	29:15	John Murray (M40)	42:46
51 Kilmarnock Harrier & Athletic Club (A)	68	21:26	65	00:23	67	1:22:25	68	2:09:46	55	2:34:31	51	3:19:01
	Murray McDonald	21:26	David Moody	38:57	Stewart McAllister	22:02	Stuart Nibloe	47:21	Calum O'Neil	24:45	John McClarty (M50)	44:30

	Stage 1		Stage 2		Stage 3		Stage 4		Stage 5	
52 Metro Aberdeen Running Club (C)	83	26:43	75	09:58	73	1:33:14	71	2:24:30	56	2:45:42
	Kevin Mackie (M40)	26:43	Barry Maguire	43:15	WilliamGavin Reid (M50)	23:16	David MacIennan	51:15	Grant Allan	21:12
Edinburgh University Hare (A)nd Hounds (A)	22	17:15	12	49:48	26	1:10:11	19	1:43:50	26	2:05:33
	Gregor Malcolm (MU20)	17:15	Alvaro Garrido (MU20)	32:34	Guillaume Picard-Lalonde	20:23	Tim Morgan	33:39	Roy Griffiths (MU20)	21:43
Hunters Bog Trotters (A)	24	17:17	54	57:44	37	1:14:53	42	1:52:34	35	2:11:10
	Alex Lutchford	17:17	Richard Dougal	40:27	James Dunn	17:09	Huw Jones	37:41	Michael Diver	18:36
Shettleston Harriers (B)	11	16:30	33	53:27	32	1:11:30	57	2:00:01	46	2:19:11
	William Bardsley (MU20)	16:30	Mark McColl	36:57	Adam Peters	18:03	Gerard Mason (M55)	48:31	Gary Turner	19:10
Edinburgh Athletic Club (E)	58	20:07	67	00:55	62	1:21:58	64	2:06:01		
	Lewis Orr (M45)	20:07	Dougie Gowan (M55)	40:49	Richard Clark (M40)	21:02	Michael Barton (M40)	44:03		
Calderglen Harriers (B)	76	22:23	60	59:09	68	1:24:26				
	Richard Lawton (M40)	22:23	Mark Saez (M40)	36:46	Russell Couper (M50)	25:17				
Aberdeen AAC (C)	31	18:16	49	56:54	50	1:18:06				
	Ben Nelson	18:16	Matthias Flamenco (MU20)	38:37	Alasdhair Love (M40)	21:13				
Bellahouston Harriers (C)	65	20:45	72	07:28						
	Paul Houston (M45)	20:45	Alexander Cuthbert (M40)	46:43						
Kirkintilloch Olympians (D)	75	22:18								
	Colin Simpson (M60)	22:18								
Cambuslang Harriers (E)	39	18:27								
	Simon Gold (M40)	18:27								
Central Athletic Club (C)	77	23:09								
	Mark Logie (M45)	23:09								
Corstorphine AAC G	70	21:44								
	Martin Caldwell (M60)	21:44								
Inverness Harriers (B)	28	17:41								
	Finlay MacLennan	17:41								
Kilbarchan AAC (B)	69	21:27								
	Steven Hill	21:27								
Motherwell AC (C)	78	23:57								
	Thomas Sneddon (M40)	23:57								
Teviotdale Harriers (B)	80	24:29								
	Alan Coltman (M50)	24:29								
Victoria Park City Of Glasgow (B)	67	21:11								
	Ralph Connolly (M50)	21:11								

M50 Championship

	Stage 1		Stage 2		Stage 3		Stage 4	
1 Metro Aberdeen Running Club	47	19:09	40	55:06	41	1:15:08	31	1:48:46
	George McPherson (M60)	19:09	John Matheson (M50)	35:57	Keith Farquhar (M55)	20:02	Nick Milovsorov (M50)	33:38
2 Cambuslang Harriers	42	18:38	36	54:18	35	1:13:24	33	1:49:32
	Alick Walkinshaw (M55)	18:38	Brian Hughes (M60)	35:40	Des Dickson (M55)	19:06	Chris Upson (M50)	36:08
3 Edinburgh Athletic Club	51	19:25	44	55:41	39	1:15:02	35	1:49:55
	Daniel Rivera (M50)	19:25	Robert Riddell (M55)	36:16	Chris Creegan (M55)	19:22	John Blair (M50)	34:52
4 Calderglen Harriers	44	19:06	35	54:17	38	1:14:54	38	1:51:08
	Martin Duthie (M55)	19:06	Alan Derrick (M50)	35:10	Martin Howell (M50)	20:37	David Watt (M55)	36:15
5 Shettleston Harriers	59	20:09	50	57:13	46	1:16:19	43	1:52:45
	John Oates (M55)	20:09	Denis Williams (M55)	37:04	John J. Duffy (M50)	19:06	Brian Scally (M50)	36:26
6 Bellahouston Harriers	57	20:06	51	57:21	48	1:17:17	44	1:53:38
	Alastair Sinclair (M55)	20:06	Francis Gilroy (M50)	37:15	Iain Morrison (M50)	19:56	Mark Wallace (M50)	36:21
7 PH Racing Club (D)	54	19:45	53	57:39	56	1:19:02	51	1:57:49
	Alan Cockburn (M50)	19:45	Dennis Howett (M50)	37:54	Ed Norton (M65)	21:23	Ian Stewart (M60)	38:47
8 Kirkintilloch Olympia	71	21:58	52	57:23	55	1:18:58	54	1:58:40
	Tony Quinn (M60)	21:58	James Gallacher (M55)	35:24	Robert Rogerson (M55)	21:35	Robert Watson (M55)	39:42
9 Lothian Running Club	56	20:00	64	00:10	64	1:22:18	58	2:02:17
	Brian Lees (M50)	20:00	Kenton Jones (M50)	40:10	Harry Mulholland (M50)	22:09	Scott Nelson (M50)	39:58
10 Edinburgh Athletic Club	84	26:44	71	05:34	70	1:27:11	63	2:04:45
	David Cross (M50)	26:44	Andrew Latham (M50)	38:50	Jim Scott (M60)	21:37	Martin Ferguson (M50)	37:33
11 Central Athletic Club	41	18:36	59	58:59	60	1:19:56	66	2:07:58
	David Eckersley (M55)	18:36	Charles Graham-Marr (M60)	40:23	Hugh Buchanan (M55)	20:57	Colin Sinclair (M50)	48:02
12 Corstorphine AAC (E)	72	22:08	69	03:04	69	1:25:27	67	2:09:33
	Michael Connelly (M55)	22:08	Jan-Bert Van Den Berg (M55)	40:55	David Henderson (M55)	22:23	Steven Blair (M50)	44:07
13 Edinburgh Athletic Club	82	25:42	73	07:52	71	1:31:22	69	2:15:17
	Brian Howie (M65)	25:42	Ian Williamson (M55)	42:10	Eric Stevenson (M65)	23:30	David Steele (M55)	43:55
14 Ferranti AAC (A)	81	24:33	74	08:26	75	1:42:05	70	2:20:59
	Alex Bell (M60)	24:33	Grant Sellar (M50)	43:53	Edward McDonald (M70)	33:39	Paul Caban (M50)	38:54
Fife Athletic Club	73	22:13	63	00:08	65	1:22:19		
	Frank McLaren (M65)	22:13	Bryce Aitken (M55)	37:56	Steven Pennycook (M55)	22:11		
Central Athletic Club	79	24:14	76	11:49	74	1:34:41		
	Cameron Campbell (M55)	24:14	Allan Gall (M60)	47:35	Raymond J. Milne (M55)	22:52		



Fastest Times**Short Leg**

Gavin Bryson	Edinburgh Athletic Club	15:34
Grant Muir	Giffnock North AC (A)	15:44
Ewan Brown	Corstorphine AAC	15:57
Fraser Stewart	Cambuslang Harriers	15:57
David Houston	Shettleston Harriers	16:04
Stephen Mackay	Inverness Harriers	16:07
Darrell Hastie	Gala Harriers	16:10
Benjamin Hukins	Cambuslang Harriers	38:24
Peter Cameron	Edinburgh Athletic Club	16:11
Max Milarvie	VP City of Glasgow	16:12
Murray MacLarty	Central Athletic Club	16:13
Colin Reilly	Cambuslang Harriers	16:20
Matthew Turner	Shettleston Harriers	16:22
Dale Colley	Central Athletic Club	16:22
Stuart Livingstone	Corstorphine AAC	16:23
Rory Muir	Aberdeen AAC	16:24
Matthew Sutherland	Central Athletic Club	16:25
Paul Sorrie	Shettleston Harriers	16:28
Craig Campbell	Inverness Harriers	16:30
William Bardsley	Shettleston Harriers	16:30

Long Leg

Cameron Milne	Central Athletic Club	29:31
Calum McKenzie	Corstorphine AAC	29:35
Dermot Cummins	Corstorphine AAC	29:53
Alastair Hay	Central Athletic Club	29:57
Michael Christoforou	Edinburgh Athletic Club	30:23
Dougie Selman	Corstorphine AAC	30:25
Will Mackay	Aberdeen AAC	30:45
Stuart Gibson	Cambuslang Harriers	30:58
John Newsom	Inverness Harriers	31:07
Michael Deason	Shettleston Harriers	31:13
Alastair Thurlbeck	Shettleston Harriers	31:18
Michael Wright	Central Athletic Club	31:26
Jack Arnold	Bellahouston Harriers	31:29
Neil Renault	Edinburgh Athletic Club	31:34
Craig Jardine	Cambuslang Harriers	31:37
Darren Thom	Shettleston Harriers	31:42
James Hoad	Aberdeen AAC	31:43
Gavin Smith	Cambuslang Harriers	31:43
Kieron Rafferty	VP City of Glasgow	31:44
Scott MacAulay	Kilbarchan AAC	31:49

